

# FAITH IN YOURSELF

MARCH

## JOURNAL WRITING PROMPTS

1. WHAT DOES IT MEAN TO HAVE FAITH IN YOURSELF?
2. DO YOU THINK HAVING FAITH IN YOURSELF IS IMPORTANT? WHY?
3. HOW IS FAITH IN YOURSELF DIFFERENT THAN FAITH IN GOD?
4. HOW DOES FAITH IN GOD HELP YOU HAVE FAITH IN YOURSELF?
5. DO YOU LISTEN TO YOUR INSTINCTS? WHY OR WHY NOT?
6. TELL ABOUT A TIME YOU WISH YOU'D LISTENED TO YOUR INSTINCTS.
7. LIST 3 WAYS YOU HAVE TRUSTED YOURSELF IN THE PAST.
8. LIST 3 WAYS YOU NEED TO TRUST YOURSELF MORE.
9. DO YOU TRUST YOURSELF MORE OR OTHERS? WHY?
10. LIST AT LEAST 10 ACCOMPLISHMENTS YOU'VE MADE.
11. PICK 2 BIG ACCOMPLISHMENTS FROM DAY 10 AND EXPLAIN THEM.
12. PICK 2 SMALL ACCOMPLISHMENTS FROM DAY 10 AND EXPLAIN THEM.
13. WHAT ARE YOU GOOD AT?
14. WHY ARE YOU GOOD AT THE THING(S) FROM YESTERDAY?
15. WHAT MOTIVATES YOU?
16. HOW DOES MOTIVATION HELP YOU DEVELOP FAITH IN YOURSELF?
17. DO YOU LEARN FROM YOUR MISTAKES?
18. DO YOU ADMIT YOUR MISTAKES? WHY OR WHY NOT?
19. DO YOU MAKE EXCUSES FOR YOUR MISTAKES? WHY OR WHY NOT?
20. TELL ABOUT A TIME YOU WANTED TO GIVE UP BUT DIDN'T.
21. DID YOU TRUST OR DOUBT YOURSELF (FROM YESTERDAY'S PROMPT)?
22. HOW DOES GOD HELP YOU WHEN YOU DOUBT YOURSELF?
23. TELL ABOUT A TIME YOU FELT LOST.
24. HOW COULD GOD HAVE CHANGED THINGS? (FROM YESTERDAY'S PROMPT)
25. DESCRIBE YOURSELF AND YOUR STRENGTHS.
26. EXPLAIN WHY YOU ARE WORTHY AND LOVED.
27. ARE YOU A GOOD JUDGE OF CHARACTER?
28. WRITE 2 CORINTHIANS 12:9. WHAT DOES THIS VERSE MEAN TO YOU?
29. HOW CAN YESTERDAY'S VERSE HELP YOU HAVE MORE FAITH  
IN YOURSELF?
30. TODAY I WILL BELIEVE IN MYSELF TO...
31. WHAT HAVE YOU LEARNED THIS MONTH?

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