

# SEPTEMBER

## JOURNAL WRITING PROMPTS

1. WHAT DO YOU HOPE TO LEARN ABOUT JOY?
2. DEFINE JOY IN YOUR OWN WORDS.
3. WHAT BRINGS JOY TO YOU?
4. HOW CAN YOU INCREASE YOUR JOY?
5. WHAT PREVENTS YOU FROM HAVING JOY?
6. HOW CAN YOU CHANGE THINGS TO STOP PREVENTING HAVING JOY?
7. DESCRIBE 3 PEOPLE WHO BRING YOU JOY
8. HOW DO THE PEOPLE FROM YESTERDAY BRING YOU JOY?
9. WHAT DIFFERENCE IS THERE BETWEEN JOY AND HAPPINESS?
10. WHAT WAYS HAS GOD BROUGHT YOU JOY?
11. WRITE 3 BIBLE VERSES THAT SPEAK OF JOY.
12. WRITE LYRICS TO A SONG THAT BRINGS YOU JOY.
13. HOW DOES THE WORLD DEFINE JOY?
14. COMPARE AND CONTRAST THE WORLD VIEW OF JOY TO BIBLICAL JOY.
15. HOW YOU FEEL WHEN EXPERIENCING JOY.
16. WHAT IS THE JOY OF THE LORD?
17. WHO CAN YOU BRING JOY TO?
18. SMILE AT EVERY PERSON YOU SEE TODAY AND WRITE ABOUT IT.
19. READING THE BIBLE BRINGS ME JOY BECAUSE...
20. READ PSALM 30:5 AND JOURNAL ABOUT IT.
21. HOW ARE JOY AND GRATITUDE RELATED?
22. I'M THE MOST JOYFUL WHEN...
23. WHO MADE YOU SMILE TODAY? HOW?
24. HOW DO YOU OVERCOME DISCOURAGEMENT?
25. WRITE ROMANS 14:17. WHAT DOES IT MEAN TO YOU?
26. WHAT DO YOU THINK HEAVEN WILL BE LIKE?
27. WHAT WILL JOY LOOK LIKE IN HEAVEN?
28. A TIME YOU LACKED JOY
29. HOW DOES PRAYER AFFECT JOY?
30. WHAT DID YOU LEARN ABOUT JOY THIS MONTH?

JOY

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